



Case Study; Bringing Glenda Home



Glenda is an 83 year old lady who suffered a stroke in 2008, which resulted in a long stay in hospital. The effects of Glenda's stroke left her incontinent with a requirement for a catheter in situ. She now requires assistance with personal care, support at meal times and general companionship. Because of this Glenda needed full time care in a nursing home.

Whilst in the nursing home Glenda was unhappy and wanted to be at home with her husband. As a result her husband contacted Advantage Healthcare to see if we were able to provide the support that Glenda was receiving in the nursing home, in the comfort of her own home.

A client assessment was arranged so that a package of care could be established. Advantage Healthcare went out to the nursing home and assessed Glenda's requirements and completed a home visit in order for Advantage to risk assess the home environment.

Glenda and her husband decided that they would like an experienced healthcare assistant to visit 3 times a day; in the morning to attend to Glenda's personal hygiene and to prepare breakfast, at midday to prepare lunch and attend to light household duties, and then a third to assist in the evening, read the newspaper, play cards, chess or listen to music. During the evening visit the healthcare assistant would prepare supper, assist with Glenda's personal hygiene and help her to bed.

By providing Glenda with these short but regular visits, it has meant that she was able to remain in her own home where she was happiest and could spend time with her husband. Glenda has built an excellent relationship with her care assistant who accompanies her on social outings and provides Glenda with additional companionship inside and out of her home.

**Service users name has been changed for data protection*